

BROWNIES

Ingredients

1/3 cup Organic Virgin Coconut Oil or butter, melted
1/2 cup cocoa powder
6 eggs
1 cup sugar
1/2 teaspoon salt
1/2 teaspoon vanilla
1/2 cup sifted Organic Coconut Flour
1 cup nuts, chopped (optional)

Method

In a saucepan at low heat, blend together butter and cocoa powder. Remove from heat and let cool. In a bowl, mix together eggs, sugar, salt and vanilla. Stir in cocoa mixture. Whisk coconut flour into batter until there are no lumps. Fold in nuts. Pour batter into a greased 11x7x2 or 8x8x2 inch pan. Bake at 175C (350F) for 30-35 minutes.